

FREE DINNER PRESENTATION FOR CAREGIVERS

Aging in Their Own Space: Tips for Caregivers on Helping Seniors Age-In-Place

Join the United Way Caregivers Coalition for our free Caregiver Education Program presented by **Rebecca K. Abenante,** MA, MSW, LSW, ASW-G, Healthy Aging Coordinator with Morristown Medical Center. Learn about how aging-in-place involves being able to remain in the home of one's choice, even as needs change. However, the decision to stay at home requires advanced planning and not all seniors have a plan in place. Rebecca will share common areas of consideration when helping aging loved ones formulate their aging-in-place plan, including home modifications, assistive technology, health care services, community resources, financial concerns, and legal preparations.

This event is made possible through sponsorships made by: Bentley Assisted Living at Branchville, Center for Prevention & Counseling, Family Partners of Morris & Sussex Counties, Heath Village Retirement Community, Homestead Rehabilitation & Health Care Center, Karen Ann Quinlan Hospice, Knoll Communities, Newton Medical Center, Primerica, and Visiting Nurse Association of Northern NJ.

MARK YOUR CALENDARS

Thursday, March 12, 2020

5:00pm - 5:30pm: Registration, Dinner, Mingling and Resource sharing

5:30pm - 6:30pm: Presentation and Q&A

Barn Hill Care Center

249 High Street Newton, NJ For Directions Click HERE

WE HOPE TO SEE YOU THERE!

Space is limited, and registration is required. Please reserve your spot by Wednesday, <u>March 5th</u> To register, email <u>Robin.Ennis@UnitedWayNNJ.org</u> or call 973.993.1160, x305.



